

**Book list on Authentic Living:**

- *Authentic* – Stephen Joseph
- *Braving the Wilderness:  
the quest for true belonging and the courage to stand alone* – Brené Brown
- *The gifts of Imperfection* – Brené Brown
- *Quiet* – Susan Cain
- *The Other side of Happiness* – Bastian Brock
- *The courage to be* – Paul Tillich
- *Man's search for meaning* – Viktor Frankl
- *Please understand me* – Keirseay and Bates